



BED & BREAKFAST

**BREAKFAST MENU**

FRESH FROM THE KITCHEN

**Apple Tree Cooked Breakfast**

Eggs (*scrambled, fried or poached*),

Apple Tree Signature Sausage,

Smoked Back Bacon, Vine Tomatoes & toast.



**Eggs on toast**

(*Scrambled, Fried, Poached or Boiled*)



**Vegetarian**

Eggs (*Scrambled, Fried or Poached*),

Spinach, Tomatoes & Beans

**Our Signature Sausages & Cornish Smoked Back Bacon**  
are sourced from **Palmer's Butchers**, located in Duke Street, Tavistock.  
**Our Free Ranged Eggs** are sourced from **Country Lane Farm** in Liskeard.

FROM THE BREAKFAST BAR

**Selection of cereals**

**Preserves, Honey, Marmalade & Jam**

**Fresh Berries & Fruit** *(seasonal)*

**Selection of fruit**

**Yogurts**



DRINKS

**Fresh Orange Juice**

& AVAILABLE ON REQUEST

**Lavazza Coffee & Decaffeinated**

**English Breakfast Tea**

**Twinning's Decaffeinated Tea**

**Earl Grey Tea**

**Green Tea**

**Peppermint Tea**

As far as we are able to, we source all our ingredients locally from the Tavistock area. Please bear with us if our menu has to change or any particular item is not available. Please note that we can cater for lactose intolerance & gluten free requirements - just let us know!